



## Conditions of Entry

Please read the following terms and conditions before recording your signature to record your understanding and acceptance of the following terms and conditions, associated with the Glasgow-Edinburgh Double Marathon 2010 (hereafter the Event).

### **Medical Considerations**

Participants should be fully aware of the scale of this event before entering, both the duration and extent of the double marathon requires participants to be of a high level of fitness. Individuals should not participate if they suffer from any ailment or physical disability that would significantly increase their risk of injury. Those unsure of the above should consult their GP.

Participants are asked to detail any medical information on the reverse of this sheet if it would be of relevance to medical professionals in the event of an emergency. *Details of allergies, medical conditions such as diabetes or heart problems etc should also be annotated on the back of race numbers on the day of the event.*

### **Safety**

Participants are expected to be fit and prepared for the Event. Participants must carry a switched on mobile phone for the duration of the Event. If you become injured or wish to abandon the Event you must notify the Race Director (Tel: 07876 451574). If possible make your way to the nearest checkpoint or call the Race Director to arrange for pick up. In the interest of the safety of other participants and marshals do not leave the Event without first notifying the Race Director.

Participants should be aware that the route of the event is closed to the public and thus participants should expect to meet pedestrian, cyclists and horse riders etc. Nor will any road crossings be closed off. Every effort will be made on the day to highlight areas where footpaths cross live roads however participants should be aware of all other road users.

Due to the proximity of the event to waterways it is important participants are aware of the risk of Leptospirosis. Leptospirosis is a zoonotic condition, which means that it can be spread from animals to humans. Animals, such as rats, pigs, and dogs can become infected by bacteria called leptospirosis. They can then contaminate a water source by urinating into it. If a human then comes into close contact with the infected water, such as through the eyes, mouth, nose or any cuts in their skin, they can then become infected with leptospirosis. Leptospirosis is an unusual condition in that its symptoms can vary wildly from person to person. Some people with the condition can have no symptoms at all, although most will experience symptoms that are similar to the influenza (flu). An estimated 5-10% of people will experience the most serious form of leptospirosis, which is also known as Weil's disease. Weil's disease can cause: kidney failure, jaundice, shock, internal bleeding, and inflammation of the heart. Leptospirosis can be treated using antibiotics. Hospital admission is usually required for the most serious form of leptospirosis because the body's functions will need to be supported until the infection has passed.

[Source: NHS]

If you have any concerns about your health following contact with water along the route inform your doctor and advise members of your family of the symptoms of leptospirosis.



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## Event Rules

1. Participants must follow all UK laws, the Scottish Outdoor Access Code and the Waterways Code at all times;
2. Respect other users of the route, local communities, local landowners and the environment. The roads and towpaths are not closed and you DO NOT have priority or right of way. Please consider other users at narrow spots on the route, around the busy area of the Falkirk Wheel and at the locks on the Union Canal;
3. Keep to the designated route. No shortcuts are allowed. If you become lost retrace your steps to return to the route;
4. Assist other competitors in need of medical assistance and alert a marshal;
5. Participants must carry all items of their compulsory kitlist for the duration of the event;
6. Do not litter – bins will be provided at all checkpoints. Either dispose of your rubbish at the checkpoints or in public bins along the route;
7. Follow the directions of the marshals;
8. Display your race number at all times and check in with the marshals at the checkpoints before proceeding along the route;
9. The decision of the Race Director is final.
10. Have fun!

## Compliance with Terms and Conditions of Entry

I declare that I will be 20 years of age or over on the day of the Event and that I will abide by the rules of Resolute Events and any instructions of the race organisers. I agree to abide by the terms and conditions for the Event as posted at [www.resoluteevents.co.uk](http://www.resoluteevents.co.uk). I declare that I will not compete in the double marathon unless I am medically fit on the day and that I compete at my own risk. I attest that I have read and understood the medical warning and understand the more than usual risks associated with participating in this event.

I confirm that my name, television and/or video footage or photographs taken during my participation may be used to publicise the Event. I understand that, in the Event of adverse weather conditions, major incidents or threats on the day, the organisers reserve the right to stop/cancel /postpone the Event. I understand that entry fees and merchandise orders are non-refundable.

Print Name:	Signature:
Date:	Email Address:
Home Tele No.	Mobile No.*

N.B. This document must be read thoroughly and brought to registration before the Event.

\*Mobile number listed above as per the number the participant is to use on the day of Event